

## SELECTION CRITERIA FOR ALL JUNIOR COUNTY TENNIS

January 2026

Congratulations on being considered for inclusion in our County Coaching Squads and County Teams. We know you have worked hard to reach this stage, and look forward to working together to help you reach your potential in tennis. As an LTA 10U National Performance Centre we have the coaches and resources to support you. It has been your performance on court that has brought you to this stage, and it is important that you understand that it will now be your future performance - on and off court, within and outside the County programme - that secures your place on our programme.

The goal of the County programme is to produce Performers who are Focused, Competitive and Athletic playing Smart tennis with Effective strokes – PFCASE. We expect every member of our squads to bring a positive, committed and sportsmanlike presence to all coaching sessions and matches – it is as a team that we will achieve our best results. As the finest talent in our County, you are ambassadors for the County at all times, a responsibility we need you to carry with pride just as we take pride in your performance on court.

Our criteria for selection for squads and teams are based on these expectations, and it is important that you understand them and commit to them. Ability on court is, of course, a core requirement, but must be allied to good behaviour – not only with the County, but at every Tournament and League you play in. Parents have an essential role to play in this, and we require your commitment to these criteria too.

### CRITERIA

- A ranking within the top 15 within your age group in the County
- A record of playing in Grade 1 – 5 Tournaments
- Signed acceptance of the County Code of Conduct
- Commitment to regularly attend all County and/or Regional/National Pathway coaching sessions
- Commitment to compete in a minimum number of tournaments annually and play a regular number of hours weekly
  - U8 – U11 - minimum of 12 Tournaments per calendar year
  - 4 – 8 hours per week of training
  - U12 – U18 - minimum of 16 Tournaments per calendar year
  - 8 – 10 hours per week of training
- Commitment to continue to work with your club coach in individual and group sessions in addition to your work with the County
- Evidence of progress towards PFCASE
- Appreciation of the importance of TTPMC in your work on court
  - Technical – The How
  - Tactical – The What
  - Physical – Movements and activities to make your body healthy and strong
  - Mental – Ability to stay mentally strong before, during and after competition
  - Competition – Team Matches, Individual Tournaments Singles or Doubles
- For County Cup team selection, attendance at and performance in County and/or Regional/National coaching squads
- A long-term injury or illness will always be taken into consideration if it causes a player to be absent from the programme for any period

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